

THIS WEEK

Food by FLIK

COMMONS CAFÉ January 27th, 2025

*MENU IS
SUBJECT TO
CHANGE

SOUP

1 ADDITIONAL CHEF'S CHOICE DAILY

M	Creamy Spicy Jalapeño Shrimp Soup	5.50
T	Chicken Tortilla Soup	4.50
W	Beef Barley Soup FIT	4.50
TH	Turkey and Orzo Soup FIT	4.50
F	Cream of Broccoli Soup FIT	5.50

BREAKFAST SPECIAL

Pancake Served with Two Sausages and Scramble Egg 6.50

GRILL

Grilled Bratwurst, Sauerkraut, Grain Mustard on Brioche Roll 11.75

DEJ

Shrimp Salad on Croissant 15.00

TOSSED

Quinoa, Beet Salad **FIT** 10.00

HEARTH

Three Cheese Calzone 12.00

THE MARKET

MONDAY	▪ Creamy Tuscan Chicken	11.00
	▪ Basil Marinera Beef Meatballs	12.00
	▪ Garlic Herb Pasta VEG	4.00
	▪ Roasted Green Beans Shallots FIT VEGAN	4.00
TUESDAY	▪ Cilantro Lime Chicken with Avocado Tomatillo Sauce	11.00
	▪ Orange Maple Roasted Pork with Morita Sauce	11.75
	▪ Spanish Rice VEGAN	4.00
	▪ Spicy Roasted Vegetables VEGAN	4.00
WEDNESDAY	▪ General T's Chicken	11.00
	▪ Beef and Broccoli	12.00
	▪ Jasmine Rice VEGAN	4.00
	▪ Kung Pao Brussels Sprouts VEG	4.00
THURSDAY	▪ Chicken Tikka Masala	11.00
	▪ Lamb Curry Stew	14.00
	▪ Steamed Basmati Rice FIT VEGAN	4.00
	▪ Aloo Gobi, Skillet Cauliflower, Potatoes VEG	4.00
FRIDAY	▪ Turkey Meatloaf with Mushroom Gravy	11.50
	▪ Tarragon Shallot Salmon FIT	15.00
	▪ Brown Butter Mashed Potatoes VEG	4.00
	▪ Herb Garlic Zucchini and Squash VEG	4.00

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functional
FOODS



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